



Southern Grampians
SHIRE COUNCIL

Municipal Public Health and Wellbeing Plan

Final Report
February 2010

The Regional Development Company Pty Ltd



Facilitation | Engagement | Strategy | Results

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Mayor's Message

Southern Grampians Shire Council Municipal Public Health and Well Being Plan (MPHWP) 2009-2013 is based upon the understanding that if we, as a community, think about and define where we want to go, chances are we will get there.

It recognises that good places to live don't just happen. Good places to live are built by vision, ideas and a shared commitment to work towards building a better place and future.

This MPHWP is an important resource and way forward for council, the wider community and other stakeholders to build a prosperous and healthy future. Based on council's community engagement processes and in-depth research drawn from local, state, national and international studies, it provides a snapshot of health and wellbeing in the municipality and also provides a clear plan of action to address our health and well being issues and aspirations over the next four years.

The objectives and actions in this plan are also closely linked with the directions of the Southern Grampians Glenelg Primary Care Partnership (SGGPCP) Strategic Plan 2009-2012, SGGPCP Community Health Plan 2006-2009, Barwon-South Western Region Integrated Health Promotion Planning and Reporting Advice 2009-2012 and the Great South Coast Health and Wellbeing Strategic Plan, which takes a broader approach to planning health and wellbeing strategies across the region. Through planning together we can maximise our resources, provide a more comprehensive range of services and improve service quality. The MPHWP brings together four key focus areas:

- *Generating Inclusiveness and Connection*
- *Strengthening the Health of the Community*
- *Developing Capacity*
- *Enhancing Liveability*

We have a long and proud history of working together to build a prosperous and secure community to live in, work in and to visit. To this end, the Southern Grampians MPHWP is a shared commitment which aims to guide all levels of government, the community and business sectors to collectively contribute to the continued wellbeing of our residents. Most importantly the plan will help achieve the Shire's vision of becoming 'Australia's Most Liveable Provincial Community'.

Together with my fellow Councillors I look forward to supporting the Project Steering Group in the implementation of the plan over the coming years. I look forward to working collaboratively with others to achieve a healthy, prosperous and vibrant future for our municipality.

Cr Marcus Rentsch
Mayor





Introduction

Southern Grampians Shire Council (SGSC) recognises that good health and wellbeing is essential to a healthy and vibrant community. It recognises that good places to live don't just happen. Good places to live are built by vision, ideas and a shared commitment to work towards building a better place and future.

Traditionally local government has had an important role in contributing to the health of the community via the provision of public health infrastructure (such as drainage systems and waste water regulations) and disease prevention measures such as early childhood immunisations and the protection of public health via registration and monitoring of food preparation premises. These roles continue today and remain important to protecting the health of a community.

Contemporary thinking about health and wellbeing has shaped a broader municipal approach to strengthening communities and supporting residents to achieve and sustain a high standard of health and wellbeing. This has included a focus on social inclusion and community participation along with recognising that building a sense of belonging is an important contributor to personal and community health and wellbeing.

Each local government authority is required to prepare a Municipal Public Health Plan outlining a plan for action to enable people living in the municipal district to achieve maximum wellbeing. The plan is required according to the Public Health and Wellbeing Act 2008 (effective from 1 January 2010) and is required to be reviewed every four years, in line with the council election cycles.

Until the act becomes effective the existing *Health Act 1958* will remain in force. Supporting this Act is the *Environments for Health Municipal Public Health Planning Framework* which is assisting councils to become leaders in the promotion of community wellbeing by providing an approach that focuses on the determinants of health that lie within the built, social, economic and natural environments.

The Southern Grampians Shire Municipal Public Health and Wellbeing Plan 2009-2013 (MPHWP) is a four year strategic plan that provides a framework to improve the health and wellbeing of the Southern Grampians Shire community. The plan identifies the health status of the Southern Grampians Shire community and it addresses the most pressing health issues for the next four years. It promotes partnerships and networks, highlights local health issues, involves all areas of council and relevant local organisations and describes the links to regional, state and national health priorities. The plan also outlines Council's plan of action for the next four years in response to these needs and priorities. Most importantly the plan will help achieve the Shire's vision of becoming 'Australia's Most Liveable Provincial Community'.

The plan has been developed through a comprehensive planning process that has involved research into population demographics and the health trends of the Shire. The plan has also been informed by extensive consultation with residents, community groups, businesses and council staff. The plan is supported by the Southern Grampians Shire Community Wellbeing Profile which provides detailed information about the people who live and work in the Southern Grampians Shire and the state of their health and wellbeing.



The key focus areas for the 2009-2013 Municipal Public Health and Wellbeing Plan are:

- **Generating Inclusiveness and Connection**
- **Strengthening the Health of the Community**
- **Developing Capacity**
- **Enhancing Liveability**

Health and Wellbeing Definitions incorporating the Social Model of Health

Health and wellbeing are contemporary terms that are commonly used together to convey and underscore the emphasis on developing and maintaining a healthy life. The World Health Organisation (WHO) provides a range of definitions that can be helpful when considering personal and community health and wellbeing:

- *“Health is a complete state of physical, mental and social wellbeing, not merely the absence of disease or infirmity”¹*
- *“Health is a resource for everyday living, not the object for living”²*
- *“Health is achieved when individuals can participate in activities that impact (positively) upon their health, collaborate in their planning and provision of health services, and there is equity in access to health services”³*

The WHO has also offered some guidelines on the factors that contribute to healthy cities and communities. The following factors have informed the Victorian Framework – Environments for Health and shaped the development of this plan:

- A clean, safe, high quality environment, including housing
- An eco-system that is stable now and sustainable in the long-run
- A strong mutually supportive and non-exploitive community
- High level public participation in and control over decisions that affect life, health and wellbeing
- Meets basic needs of all citizens (food, water, shelter, income, safety and work)
- Access to a wide variety of experiences and resources
- A diverse, vital and innovative economy
- Encourages connections with the past, with the varied cultural and biological heritage and with groups and individuals
- A city that enhances health and wellbeing for all citizens
- An optimum level of appropriate health care services accessible to all
- High health status (positive health status and low disease status)⁴.

These definitions reflect a ‘social model of health’ (as distinct from the ‘medical model of health’) and have shaped current health policy across Federal, State and Local Governments.

¹ World Health Organisation, www.who.int

² Ottawa Charter, World Health Organisation, www.who.int

³ World Health Organisation, www.who.int

⁴ WHO Healthy Cities Paper Number 1, WHO Regional Office for Europe, Copenhagen cited in Hancock and Duhl, 1988



Purpose of the Plan

The purpose of this 2009-2013 Municipal Public Health and Wellbeing Plan is to improve the health and wellbeing of all people who work, live and take part in recreational pursuits in the Southern Grampians Shire.

The Southern Grampians Shire Municipal Public Health and Wellbeing Plan supports and encourages:

- Council and agencies to work co-operatively on priority issues
- A more connected and caring community
- Communities to take action to support people to improve their health and wellbeing

Improving the health of Southern Grampians Shire community is everyone's business and involves all sectors:

At a Personal Level	People having the skills and resources (including information) to take action to improve their own health and that of their families
At a Local Level	Effective strategies to connect neighbourhoods and to support families and individuals, including the most vulnerable and least able, through an integrated, targeted approach
At a Municipal Level	Effective planning, co-ordination and delivery of care and services
At a National and State Level	Effective policy, initiative and resource distribution to secure the health and wellbeing of the whole community

The goals and objectives of the plan are the result of extensive community consultation and examination of data about the Shire of Southern Grampians. The priorities support key Commonwealth and State Government health priorities and associated policy directions.

While it is not possible to address every health concern, the priorities presented in this plan provide a focus to improve the health and wellbeing status of the Southern Grampians Shire community over the next four years.

This MPHWP is one of Council's key strategic documents that guides decision making and provides advice to Council and other agencies on the important health and well being issues facing the community. The plan includes actions and objectives to strengthen the health and wellbeing of the Southern Grampians Shire community.



This document forms an important component of the Southern Grampians Shire MPHWP process which includes:

- *Policy Scan*
- *Community Well Being Profile*
- *Municipal Public Health And Wellbeing Consultation Report*
- **Municipal Public Health and Wellbeing Plan**
- *Municipal Public Health and Wellbeing Action Plan.*





Developing this Plan

This plan builds on the previous *Municipal Public Health Plan, March 2006* and continues to be a flexible and responsive plan, targeting the health needs of the Southern Grampians Shire community. The 2005-2008 priorities for action included:

- Health protection including food safety, immunisation, infectious disease notification, water quality and environmental health including asbestos in buildings
- Public health emergency requirements
- Opportunities for Young People
- Affordable Housing
- Universal Access.

The 2009-2013 planning incorporates five parts, the Municipal Public Health and Wellbeing Plan and four complementary background documents. While they may be read independently, it is preferable that all five parts be read together:

Municipal Public Health and Wellbeing Plan	This overarching document explains the vision, priority areas, goals and objectives that are the focus for health and wellbeing over the next four years for the Southern Grampians Shire.
Action Plan	Prioritises the tasks that will be undertaken by the Council and other appropriate service providers in the implementation of the plan. The action plan will be reviewed annually.
Policy Scan	This review summarises the relevant health policies and strategies at the International, National, State, Regional and Local level and notes the implication they will have on the planning for health and wellbeing in the Southern Grampians Shire.
Community Wellbeing Profile	Identifies and analyses relevant health and wellbeing population characteristics and projections. The data has been compared to regional, state and national averages to identify potential health and wellbeing issues for the Southern Grampians Shire catchment. The profile highlights health issues of local importance and begins to set the scene for understanding the natural, economic, social and built/physical characteristics that contribute to the overall health and wellbeing of the community.
Municipal Public Health and Wellbeing Consultation Report	This report summarises the output from the range of consultation activities that were undertaken during October 2009 in a number of towns and communities throughout the Shire.



Policy Scanning/Research/Health Profiling

A Community Wellbeing Profile has been developed to detail health and wellbeing planning influences and indicators of people living in the Southern Grampians Shire and policy implications and services currently addressing these issues.

Drawing upon a range of published population health data and community wellbeing surveys, the profile provides a picture of the people who live in the municipality and their diverse lifestyles. The profile draws on national, state, regional and local health and community care priorities to describe the current state of health and well being across the whole Southern Grampians Shire.

A review of current International, National, State, Regional and Local strategies/policies have assisted in ensuring government priorities, initiatives and planning intentions have been captured in this strategy. Research has provided critical data at a local, state and national level to identify communities of special interest, their features and issues.

Project Steering Group

This reference group was formed to provide strategic advice and direction to the development of the Municipal Public Health and Wellbeing Plan. The development phase of the plan embraced a partnership model and the steering group consisted of key local stakeholders and cross-council representation. Key goals have been identified to improve and promote health and wellbeing, reduce barriers and risks and take advantage of opportunities.

Consultation

Consultation has been a key activity in the development of this plan involving a wide range of stakeholders and consultation processes. The aim of the consultation was to identify needs and inform strategy development.

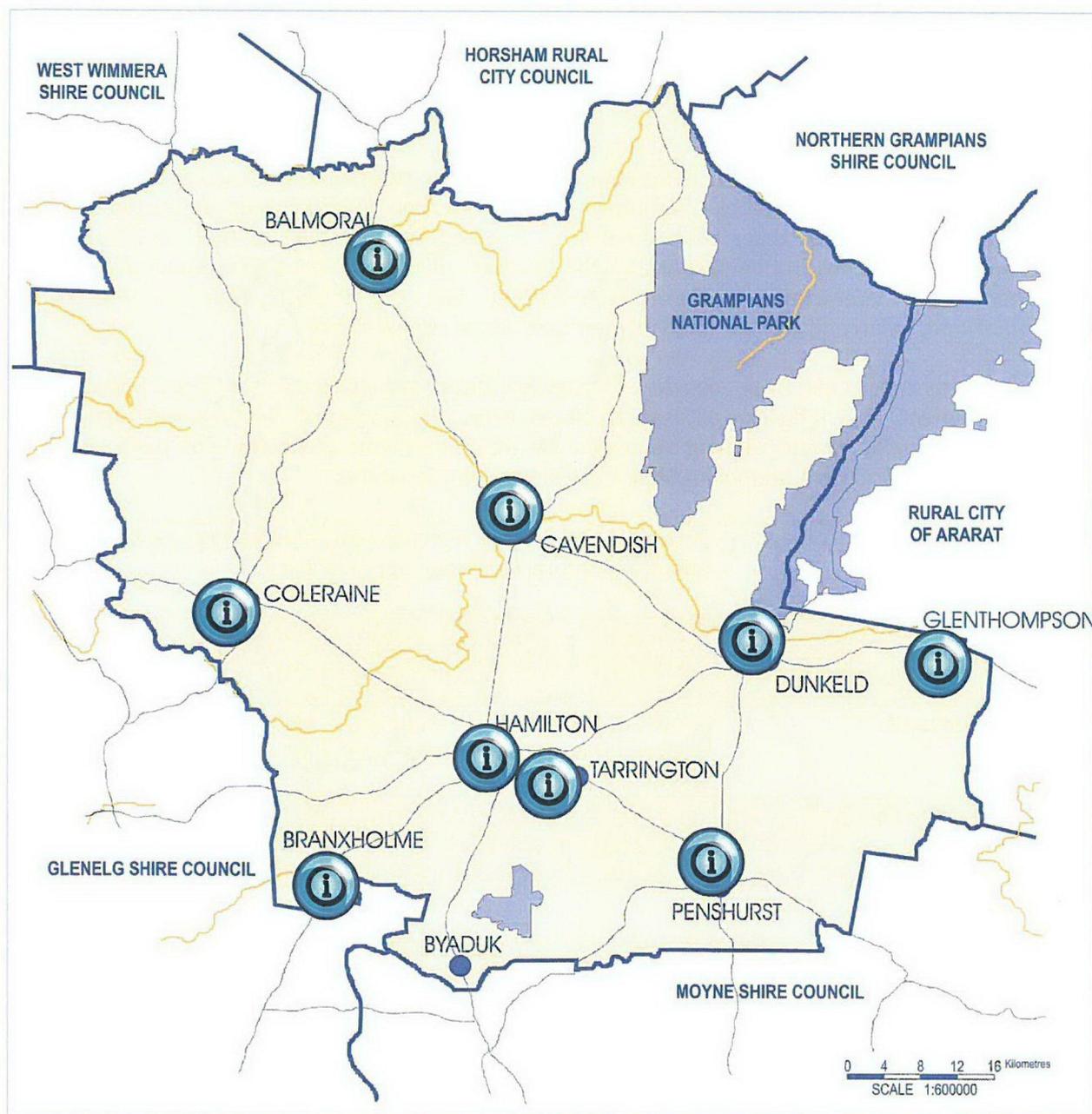
The primary objective for consulting with stakeholders, communities and individuals regarding health and wellbeing in the Southern Grampians Shire was to:

- Build on previously identified health and wellbeing needs to ensure capturing needs
- Gather ideas or identify opportunities to improve the health and wellbeing of those residing in the Southern Grampians Shire.

Consultation occurred during October 2009 and was undertaken in a number of towns and communities within the Shire including Balmoral, Branxholme, Cavendish, Coleraine, Dunkeld, Glenthompson, Hamilton, Penshurst and Tarrington, please refer to map on next page.

Consultation activities included attendance at pre-organised gatherings and meetings, conducting of focus groups, setting up of information booths in key locations throughout the Shire and one on one interviews either in person or by telephone.

The focus was to consult with a number of harder to reach groups throughout the Shire including young mums, middle aged men, those supporting disability, youth and rural residents. The key stakeholders consulted were private health providers including general practitioners and pharmacists throughout the Shire as well as further consultation with the project steering group and Southern Grampians Council staff.





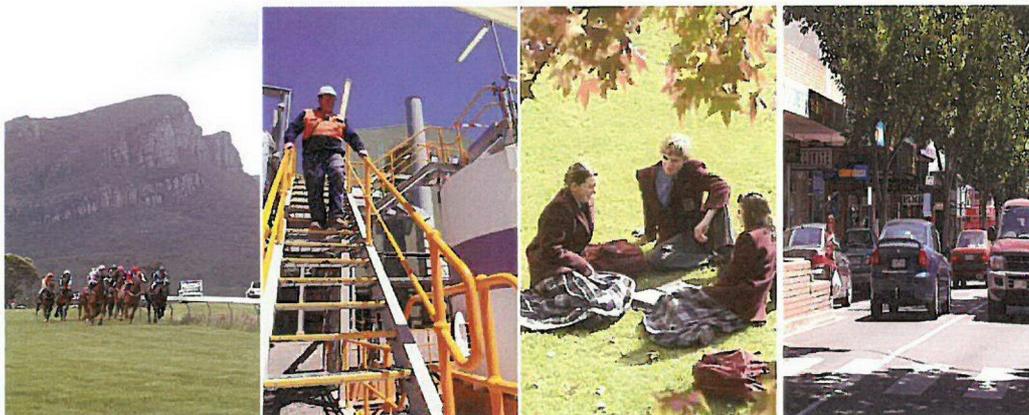
Policy Context and Framework

The *Public Health and Wellbeing Act 2008* requires every council to have a Municipal Public Health and Wellbeing Plan. This Plan is to be prepared every four years and reviewed annually. A municipal public health and wellbeing plan must identify and assess actual and potential public health dangers affecting the municipal district, outline programs and strategies which the council intends to pursue to prevent or minimize those dangers, and enable people living in the municipal district to achieve maximum wellbeing and provide for periodic evaluation of programs and strategies.

Community health and wellbeing is determined by a complex combination involving the natural, economic, social and built/physical environments. Known as the ‘Environments for Health⁵’, this framework recognises that there are a number of environmental dimensions that contribute to health and not just individual behaviour and the incidents of illness. The social model of health understands the interaction of these environments and the impacts that our lifestyle, neighbourhood, family and genetic make-up may have on our overall health.

In preparing this plan SGSC have considered issues and developed goals and strategies within the four environments that influence all aspects of our lives. This approach is consistent with the framework for public health planning supported by the Department of Health and peak health bodies in Victoria. Southern Grampians Shire Council has considered the:

Natural Environment	Water, waste, energy management, biodiversity, parkland use and other natural landscape opportunities
Economic Environment	Employment, industry, retail, vibrancy and community economic development
Social Environment	Safety, community support services, relationships, neighbourhood connectivity, access to good health services and health information
Built/Physical Environment	Land use, transport management, housing, recreational facilities and retail areas



⁵ *Environments for Health, promoting Health and Wellbeing through Built, Social, Economic and Natural Environments, Department of Human Services, September 2001*



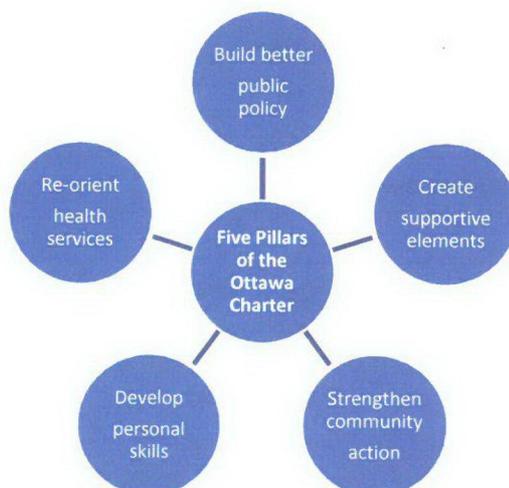
International Context

Health and wellbeing planning in the Southern Grampians Shire goes well beyond the boundaries of traditional public health planning. A foundation of worldwide research and information has been collated on the issues that are known to impact on health and wellbeing to build a more sustainable Municipal Public Health and Wellbeing Plan for the Southern Grampians Shire community.

The World Health Organisation's Commission on the Social Determinants of Health (Interim Statement 2007) identifies that *"the conditions in which people grow, live, work and age have a powerful influence on health. Inequalities in these conditions lead to inequalities in health....all people have the freedom to lead lives they have reason to value. This is a matter of social justice"*.

The current approach to public health planning in Victoria emerged from the Ottawa Charter for Health Promotion (1986) which emphasises the critical role of local government in building the capacity of the community to address local health issues.

The five pillars of the charter are:



Southern Grampians Shires MPHWP recognises and works within the social model of health that underpins the Ottawa Charter. Within this model, health is seen beyond the boundaries of traditional medical models that focus on the absence or treatment of ill health. A social model understands how people live and the circumstances of their lives will impact on their sense of wellbeing and actual status of their health.

*"Health is created and lived by people within the settings of their everyday life; where they learn, work, play and love. Health is created by caring for oneself and others, by being able to take decisions and have control over one's life circumstances, and by ensuring that the society one lives in creates conditions that allow the attainment of health by all its members."*⁶

⁶ Ottawa Charter for Health Promotion First international Conference on Health Promotion Ottawa, 21 November 1986, WHO/HPR/HEP/95.1



National Context

This plan also acknowledges the collaborative work undertaken by the Commonwealth and all State and Territory Governments in developing the National Preventative Health Strategy with seven critical strategic directions identified to increase the effectiveness of preventative health for the nation including:

- Shared responsibility – developing strategic partnerships
- Act early and throughout life
- Engage communities
- Influence markets and develop connected and coherent policies
- Reduce inequity through targeting disadvantage
- Indigenous Australians – contribute to ‘Close the Gap’
- Refocus primary healthcare towards prevention.⁷

As well as the seven National Health Priority Areas:

- Cardiovascular Health and Stroke
- Cancer Control
- Mental Health (with a focus on depression)
- Injury Prevention and Control
- Diabetes Mellitus
- Asthma
- Arthritis and Musculoskeletal Conditions
- Obesity.⁸

Additionally, the Natural Environments for Health Strategy outlines essential elements for Government, business, communities and individuals. The strategy seeks greater levels of co-ordination in order to better manage environmental health issues nationally.

State Context

This plan has been developed within the framework for public health planning in the Victoria Environments for Health Framework (2001). This framework was established by the Department of Human Services in collaboration with the Municipal Association of Victoria.

The plan draws on the themes and builds on the strategies outlined in the Victorian Government’s social policy action plan A Fairer Victoria (2009) which attempts to address the following four key strategies:

- Getting the best start – improving the health, safety and development of children and families most at risk
- Improving education and helping people into work – reducing educational inequality, supporting young people at risk and reducing barriers to workforce participation
- Improving health and wellbeing – reducing health inequalities and promoting wellbeing
- Developing liveable communities – strengthening neighbourhoods and local communities.

⁷ National Preventative Health Strategy, Department of Health and Ageing, 2009

⁸ Australian Institute of health and Welfare, Department of Health and Ageing, 2008



The Victorian Competition and Efficiency Commission Inquiry into Liveability (2009) found that many elements go into making a community liveable. *“The quality of housing, good planning and design are important so local services and facilities are in easy reach and people feel safe. Strong social networks where people have a say over how their community is run are also important. By getting these core elements right we can create stronger, more liveable communities and foster economic growth and civic involvement. Strong communities are characterised by high levels of trust, high levels of social and economic participation, effective local decision-making and strong networks. These communities benefit individuals and the economy because they are more innovative, competitive and resilient in the face of new challenges. This is true whether the challenge relates to economic restructuring, population ageing, bushfires or climate change”.*

Local Context

This plan links directly to the *Southern Grampians and Glenelg Primary Care Partnership Strategic Plan 2009 – 2012* and in particular takes into account the health and wellbeing priorities that aim to:

- Improve health equity in vulnerable communities
- Mitigate and adapt to climate change
- Develop healthy and liveable communities with a focus on improving mental health and wellbeing, and diabetes prevention

The Role of Local Government

Local government plays an important role in the community. It has the responsibilities in areas which include municipal planning, provision of social support, regulatory services, transport and community engagement. Although local government has traditional roles in health such as the provision of health services, other health concerns including the prevention of chronic disease, mental health, disability and healthy eating have emerged as being important community health issues.

Acting at a local level, Council directly influences factors such as urban planning, management of natural resources, employment, social connectedness, transport, community participation and access. Research has shown that all of these are key contributors to the good health of the population (World Health Organisation - The Solid Facts, and Vic Health - Leading the Way).

Municipal Public Health Plans identify actions to prevent or minimise public health dangers, and to enable people living in the municipality to achieve maximum health and wellbeing. The Victorian legislation supports the role and function of local government, emphasising local area planning and establishing local goals and strategies. It also recognises the importance of building partnerships to achieve success across the range of health issues present in the community.

Partnerships

The Southern Grampians Shire is committed to working in partnership with key agencies and other local councils to enhance health and wellbeing planning regionally.



Southern Grampians Shires priorities and strategies are consistent with the directions of the Southern Grampians Glenelg Primary Care Partnership (SGGPCP) Strategic Plan 2009-2012, SGGPCP Community Health Plan 2006-2009, Barwon-South Western Region Integrated Health Promotion Planning and Reporting Advice 2009-2012 and the Great South Coast Health and Wellbeing Strategic Plan.

The Southern Grampians Shire is an active contributor to these partnerships which recognises that joint planning and coordinated service delivery will result in outcomes well beyond those possible when organisations work in isolation from each other and the community.

In addition to the work within the SGGPCP, the Southern Grampians Shire has been working closely with key stakeholders on strategies to improve community service planning and service delivery at the local level. The Shire participates in a number of networks that support collaborative planning and action for service providers which enables the sharing of resources, skills and the capacity to address community issues.

The Shire places strong emphasis on establishing, nurturing, challenging and supporting partnerships to assist in tackling the issues identified. Accordingly this plan acknowledges the need for close and collaborative partnerships between key players.

Linking and Supporting Strategies and Plans

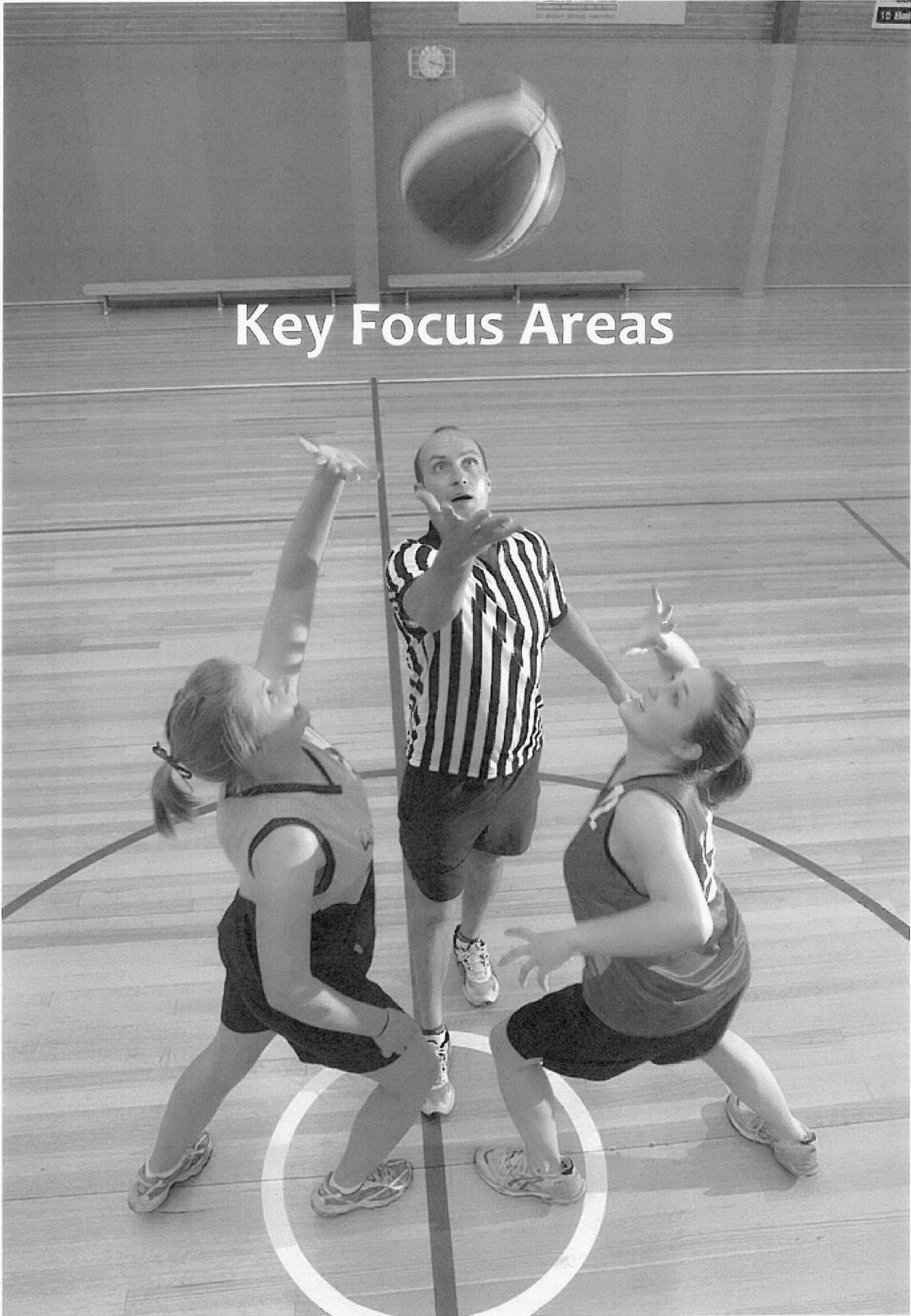
Consideration of relevant health policies, strategies and priorities is an important part of integrated health planning. Policies and priorities at the National, State and Regional level influence health planning and directions at a local level.

The National Health Priority Areas focus on specific disease, illness and preventative initiatives. Victorian State plans and policies provide strategic visions and objectives for the future.

The Southern Grampians Shire Municipal Public Health and Wellbeing Plan acknowledges a range of existing plans that support the health and wellbeing of the community. This plan was developed to support and build on the activity and community action that is already occurring within this myriad of local plans. The diagram on the following page illustrates how each of those strategies/plans support community wellbeing. We also acknowledge the range of plans being delivered by a range of organisations and services that also support this work.

See graphic on next page.





Key Focus Areas



Key Focus Areas

The key areas of focus for the 2009-2013 Southern Grampians Municipal Public Health and Wellbeing Plan are:

KEY FOCUS AREA ONE Generating Inclusiveness and Connection	KEY FOCUS AREA TWO Strengthening the Health of the Community	KEY FOCUS AREA THREE Developing Capacity	KEY FOCUS AREA FOUR Enhancing Liveability
Key Strategies <ul style="list-style-type: none"> • Increasing capacity to connect • Improving mobility throughout the Shire • Strengthening capacity to participate 	Key Strategies <ul style="list-style-type: none"> • Strengthening ability to address health and wellbeing priorities • Supporting the disadvantaged and vulnerable 	Key Strategies <ul style="list-style-type: none"> • Closing the gap on skill shortages • Strengthening the capacity of each community 	Key Strategies <ul style="list-style-type: none"> • Improving the spaces/amenities people use to connect and participate • Enhancing the cultural vibrancy of the Shire • Adapting to climate change

These focus areas have been developed after undertaking research and policy scanning as well as considering issues identified from the targeted consultation with the communities and key stakeholders of the Shire.



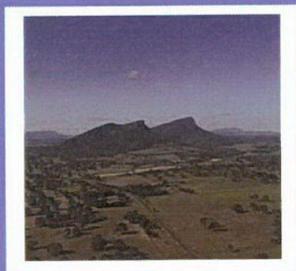
Southern Grampians Shire Council Wellbeing Profile Snapshot

A snapshot of the Shire's Community Wellbeing Profile is provided below. This data has been identified through research conducted and access to a more detailed level can be found in the *Southern Grampian's Shire Council Community Wellbeing Profile*.

Natural Environment

Southern Grampians Shire is renowned for its natural beauty and the Grampians mountain range. The area is in high demand for recreational and lifestyle activities.

Recognising the planning required to support the ongoing enhancement of the Natural Environment the Shire has incorporated **Environmental Sustainability** as a key strategic area for the 2009-2013 Council plan



- Water storage levels within the Glenelg/Wimmera Region are at around 15% capacity at present
- 81% of the Glenelg Hopkins Region is developed for agricultural purposes
- Predicted that runoff from Glenelg Catchment to decrease from between 1350ML in 2007 to 970ML in 2055
- Biodiversity will see alteration to distribution, abundance, migration and breed of species especially those with specialised habitats
- Average annual rainfall predicted to decrease by 4% by 2030
- Average annual temperatures estimated to increase by 0.8 degrees by 2030
- Communities will face increasing occurrences of heatwave and heat related illnesses, bush fires and subsequent reduction in air quality and increases in respiratory problems.



Economic Environment

The Shire's economy is significantly supported by agriculture and sheep grazing. Tourism is a significant contributor to the economy.

Economic Growth and Prosperity is another key strategic area Council is focusing on in the 2009-2013 Council Plan

- The Shire experienced a small decline (0.6%) in the number of persons attending an educational institution over the five year period from 2001 to 2006
- Of those living in the Shire 42.4% of persons aged 25 years and older as at 2006 held a tertiary or TAFE qualification which is less than rural Victoria average of 44.6%
- Estimated that between 4-5% of the population of the shire is unemployed at present which is less than national rate of 5.8% as at June 2009
- Of those employed in the labour force approximately 60% are employed full time, equal to state and national percentage
- The largest occupation group in the Shire is that of Managers accounting for 23% of total numbers in occupations, which is 10% higher than state or national percentage for this group
- The largest employment industry in the Shire is the agriculture, forestry and fishing industry
- Approximately 33% of the Shire's population perform work in a voluntary capacity, which is higher than state percentage of 18%
- Median individual income is 8.6% lower than the Victorian equivalent and median household income is 22.5% less than the Victorian average.

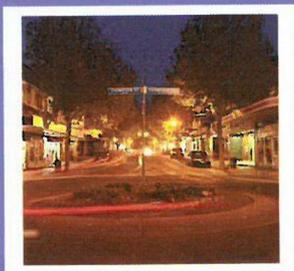


Built/Physical Environment

The Southern Grampians Shire shares its boundaries with the municipalities of Horsham, Northern Grampians, Ararat, Moyne, Glenelg and West Wimmera. Hamilton is the major service centre for the Shire and accommodates almost half of the Shire's population.

The built and physical environment within the Shire includes parks and reserves, playgrounds, sporting fields and community facilities.

Recognising the importance of the Built and Physical Environment a key focus for Council over the next four years is **Infrastructure** which is nominated as a key strategic objective in the *2009-2013 Council Plan*



- Within the Shire, 47% own their dwellings, 27% are purchasing their dwellings and 21% rent dwellings
- The lower median housing prices in the Shire ranks it 64 out of the 79 municipalities whilst rental medians rank in 59 out of all municipalities
- Of the total number of households in the Shire 9.2% are spending 30% or more of their gross household income on rent or mortgage payments
- The highest renting households in the Shire are persons aged between 25-64 years
- Those experiencing the highest level of financial stress in the Shire are lone person renting households
- Those awaiting access to public housing are waiting between 6 months to 4 years
- Estimated that approximately 0.4% of the Shire's population would be homeless
- Approximately 57% of the workforce in the Shire indicated that they utilise a car to travel to work, lower than Victorian average of 66%. A further 7% indicated that they walk which is higher than the Victorian average of 3.5%
- Around 13% of the Shire's residents surveyed in 2007 indicated they had difficulty in accessing transportation over a 12 month period, with this rate 7% lower than State rate
- Serious injuries from road crashes are increasing within the Shire at a higher percentage rate than the state average



Social Environment

The Southern Grampians Shire actively works in collaboration with primary health service providers and participates in key partnerships to retain and build access to a broad range of health care services for residents in the Shire.

Supporting participation in arts, culture and heritage form a large part of the focus on increasing community wellbeing in the Shire.

Health and wellbeing for the community is a key focus of the 2009-2013 Council Plan as evidenced by the **Quality Service** strategic objective.

- Estimated that the Shire's population as at 2008 was 17,451
- Predicted that by 2026 the population will grow to around 17,709
- Approximately 24% of the Shire's population is aged 60 years and over and this is forecast to increase to around 33% by 2026, similar to Regional Victoria forecast of 31%
- Estimated that around 5% of the population has a disability that limits mobility, capacity to communicate or care for oneself
- Largest composition for households within the Shire is family compositions accounting for 68.6% of total households
- Couple families with children account for 43.5% of the total family compositions for Shire, similar to Victoria's rate of 46.9%
- The level of disadvantage within the Shire ranks it 42nd out of the total 79 municipalities in Victoria. Around 8.5% of residents are classified as living in the most disadvantaged areas within the Shire compared to 10.1% classified within Barwon South West Region
- Theft and related offences account for largest number of offences (30.5%) of recorded crimes in the Shire during 2007/08 similar to Victorian rate of 28.3%
- Life expectancy for males in Shire is 76.6 years (2 yrs less than rural Victorian rate) and for females is 84.1 years (.3 yrs more than rural Victorian rate)
- Diabetes accounts for highest ambulatory care sensitive condition in Shire at 23%, similar to Rural Victoria experience where diabetes accounts for 26% of conditions
- Highest causes of mortality in Shire are cancer (33% of total) and cardiovascular disease (32% of total), similar results to Rural Victorian causes



Key Issues

The key issues have been identified from the targeted consultation undertaken within each community and selected community groups and key stakeholders. Further detailed information regarding issues by location/group can be sourced in the *Southern Grampians Shire Council Municipal Health and Wellbeing Consultation Report*.

Generating Inclusiveness and Connection

Key issues identified by communities/groups:

- Improving accessibility to a range of health services especially:
 - dental services
 - mental health services
 - counselling
 - allied health – podiatry, physiotherapy, occupational therapy
 - osteopathic services
- Creating ways to enhance access to child care for all communities in the Shire
- Developing ways to engage young people through increasing access to youth specific facilities/spaces, recreational and cultural activities and events
- Improving transportation options across the Shire including public, emergency and community transportation
- Exploring how to make access to services, activities and events more affordable
- Tackling pathways, walking/cycling tracks to improve linkages, usage especially those with mobility problems and safety

Key issues identified by research/stakeholders:

- Improving awareness of services available including visiting/outreach services within the Shire
- Developing comprehensive community directories that are regularly updated
- Increasing emphasis on developing stronger social connectedness
- Encouraging greater connectedness and inclusion for disadvantaged groups



Strengthening the Health of the Community

Key issues identified by communities/groups:

- Addressing alcohol and drug usage especially in our young people
- Continuing to build knowledge/increase information distribution for:
 - key milestone development for children 0-5 years/appropriate weight gain through the Maternal and Child Health Service
 - good nutritional practices for school aged children
- Establishing more farmers markets throughout the Shire to increase access to fresh fruit and vegetables

Key issues identified by research/stakeholders:

- Increasing education/access to supportive resources for:
 - Asthma
 - Diabetes
 - Depression
- Improving the oral health/increasing preventative focus for residents of the Shire
- Exploring ways to increase activeness of Shire's residents especially for the those who are overweight/obese
- Improving focus on weight reduction strategies
- Need to consider how to continue supporting the elderly living in their homes to remain living in their homes/to remain self reliant
- Gaps in service provision/integrated service delivery in a number of areas including:
 - Community paediatric/community nursing support ie asthma education/support
 - Paediatric services referral pathways
 - Integrated support/integration for oncology services
 - Poor access to psychiatry/psychology services
 - Limited access to alcohol and drug services/counselling
 - Allied health resources for disabled service provision
- Increasing connection between health service providers ie between pharmacists and general practitioners; general practitioners and Maternal and Child Health resources



Developing Capacity

Key issues identified by communities/groups:

- Level of ageing occurring in communities and ability to be able to cope with their needs in the future
- Encouraging others to participate in volunteering to support the development and maintenance of their communities
- Finding ways to allow those retiring/elderly to be able to feel connected enough to services/activities to want to stay in their community

Key issues as identified by research/stakeholders:

- Attracting, recruiting and retaining professionals/skilled resources especially for health sector
- Exploring ways to further development and training that is easy to access for those currently working in the Shire
- Continuing to increase/improve employment opportunities to retain young people in the Shire
- Recognising how to address the increasing levels of socio-economic disadvantage, understanding their needs especially in relation to housing, gambling, services
- Continuing to participate and strengthening integrated planning/relationships/delivery at the local, sub regional and regional level
- Focusing on increasing level of local planning and decision making for each community within the Shire
- Encouraging individuals, businesses and community groups in the Shire to:
 - respond and adapt to climate change
 - Increase environmental sustainability



Enhancing liveability

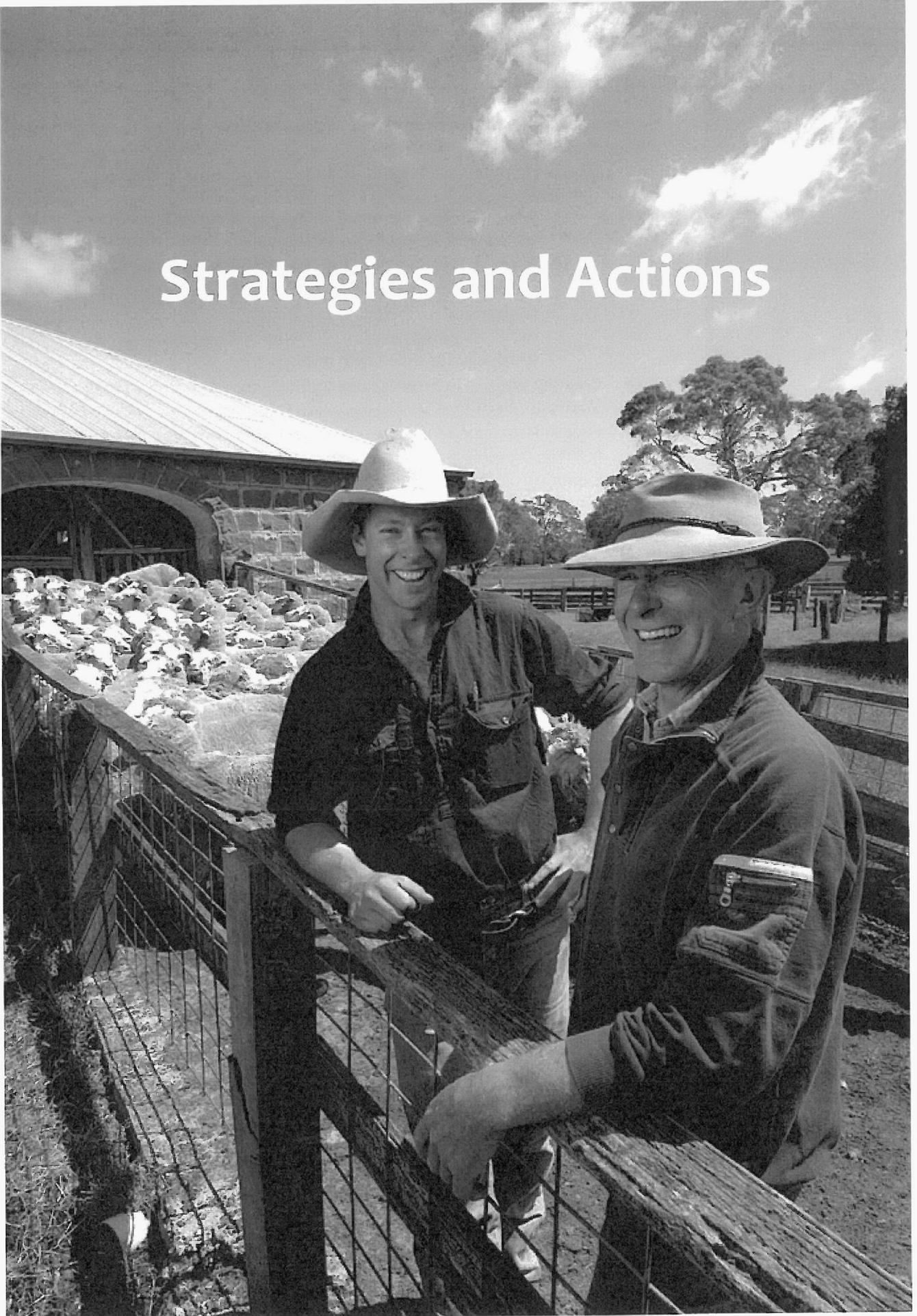
Key issues as identified by communities/groups:

- Improving public spaces and amenities throughout the shire in particular
 - access to baby changing and public toilet facilities at sporting facilities/playgrounds/parks
 - access to indoor spaces for participating in activities during inclement weather conditions ie indoor playground
 - multi use playgrounds to cater for a range of needs especially for those with mobility issues
- Creating ways to increase connectedness for newcomers to the Shire
- Focusing on improving sense of safety of our communities at night
- Exploring ways to decrease heavy vehicle usage within main travel routes of towns within the Shire to improve safety, amenity

Key issues as identified by research/stakeholders:

- Broadening accessibility and opportunities to enhance cultural vibrancy of the Shire ie through community arts spaces, events and activities
- Reducing level of vandalism/anti social behaviour especially when occurring from drug and alcohol use
- Further enhancing the natural and built environments to increase desire to live and work in the Shire
- Exploring the potential to further develop community centres/multi- purpose spaces to create greater connection/integration

Strategies and Actions





Strategies and Actions

The following strategies and actions have been developed to further strengthen the capacity to improve health and wellbeing and enhance liveability for those living and working in the Southern Grampians Shire.

Key Focus Area One

Generating Inclusiveness and Connection				
Aim:				
To assist in increasing the sense of belonging and connection to families, communities, places and activities for residents of the Southern Grampian Shire				
Groups targeting:				
<ul style="list-style-type: none"> • Young people • Those living alone and/or who are isolated • Families and children • People with disability • Aged • Indigenous • Disadvantaged 				
Link to Greater South Coast Health and Wellbeing Plan - Sub Regional Health and Wellbeing Priorities:				
<ul style="list-style-type: none"> • Providing better access to safe, continuous services • Strengthening partnerships 				
Strategies	Actions 2009-2013	Council Responsibility/ Key Partners	Timeframe	Key Performance Indicators
Increasing capacity to connect	<i>Economic/Social environments</i> Council to work in partnership with other stakeholders to develop a Connection/Access Plan that focuses on (a) increasing transportation options especially for those from outlying areas (b) connectivity ie broadband, mobile phone coverage	SGSC Economic Development Manager SGSC Manager Community & Leisure Services Coordinator SW Transport Connections SGGPCP WDHS	2010-2011	<ul style="list-style-type: none"> • New Connection/ Access plan developed • New initiatives implemented • Increased utilisation of services



Generating Inclusiveness and Connection

Strategies	Actions 2009-2013	Council Responsibility/ Key Partners	Timeframe	Key Performance Indicators
Improving mobility throughout the Shire	<p>Built environment Council to take lead role in assessing and planning for greater pathway/physical linkages throughout the Shire. Planning to incorporate a focus on ease of mobility, safety and getting people active.</p>	<p>SGSC Manager Planning Systems SGSC Leisure Services Coordinator SGGPCP – Active Communities Working Group WDHS</p>	2010-2013	<ul style="list-style-type: none"> • New planning completed and actioned
Strengthening capacity to participate	<p>Social environment Council to partner with youth service providers to develop a Youth Strategy for Shire. Strategy to begin planning towards the development of:</p> <ul style="list-style-type: none"> • Enhance the connection between networks/groups/services within Hamilton • Programs for Shire ie recreational and leadership projects • Enhance existing engagement activities to ensure reaching: <ul style="list-style-type: none"> ○ youth from outlying communities • strategies to connect with disengaged • strategies to address behavioural risks/issues ie alcohol and drug use, homelessness • Develop a community capacity building function for youth • Linkages for young people to have involvement in local government decision making ie regular forums • Explore capacity to create a Community Development Role with a youth focus component that will assist key youth service providers 	<p>SGSC Director Shire Futures SGSC Manager Community & Leisure Services Youthbiz - WDHS GSGLLEN RMIT Youth Research Worker SGGPCP Southern Grampians Youth Network</p>	2009-2010 2010-2011	<ul style="list-style-type: none"> • New strategy developed • New youth programs /initiatives underway • If feasible, new role established with youth focus • Role participating in appropriate forums/ activities with stakeholders



Generating Inclusiveness and Connection				
Strategies	Actions 2009-2013	Council Responsibility/ Key Partners	Timeframe	Key Performance Indicators
Strengthening capacity to participate (continued)	Social environment Council to review current community directories to ensure they are easy to access and remain current	SGSC Manager Community & Leisure Services	2011-2012	<ul style="list-style-type: none"> Updated community directories developed
	Social and Economic environments Council to implement and evaluate <i>Children's Services Best Value Report</i> strategies and actions including the review of the effectiveness of: <ul style="list-style-type: none"> Current delivery of maternal and child health services Child care services. 	SGSC Children's Services Coordinator SGSC MCH Coordinator	2009-2010 2010-2011	<ul style="list-style-type: none"> Review conducted New strategies/actions implemented
	Social environment Council to work with providers to explore options to address affordability issues for those experiencing financial difficulty in participating/accessing services/activities ie fitness facilities	SGSC Manager Community & Leisure Services HILAC Manager	2011-2012	<ul style="list-style-type: none"> Options analysed New affordable initiatives introduced





Key Focus Area Two

Strengthening the Health of the Community

Aim:

To work collaboratively at the local, sub regional and regional level to strengthen capacity to improve the health and wellbeing of those living and working in the Southern Grampians Shire

Groups targeting:

- Those who are obese or overweight
- Those living with diabetes or asthma
- Those suffering from depression
- Vulnerable and disadvantaged
- Those living alone/isolated
- People with disability

Link to Greater South Coast Health and Wellbeing Plan - Sub Regional Health and Wellbeing Priorities:

- Developing health liveable communities
- Improving health equity
- Strengthening partnerships

Strategies	Actions 2009-2013	Council Responsibility/ Key Partners	Timeframe	Key Performance Indicators
Strengthening ability to address health and wellbeing priorities	<p>Social environment Council work in partnership to implement collaborative health and wellbeing plans and strategies including :</p> <ul style="list-style-type: none"> • Preventative strategies focusing on physical activity and healthy eating aimed at preventing obesity and diabetes 	SGSC Manager Community & Leisure Services SGGPCP WDHS Private Health Providers SWSA Education Providers	Ongoing	<ul style="list-style-type: none"> • Participation in partnerships occurring • New strategies implemented
	<p>Social Environment Council to continue to lead the uptake of the Good Sports Program for clubs and services including targeting those who utilise council run facilities</p>	SGSC Leisure Services Coordinator SGGPCP SWSA Sporting Clubs	2009-2010 2010-2011	<ul style="list-style-type: none"> • Program uptake increased by 20%



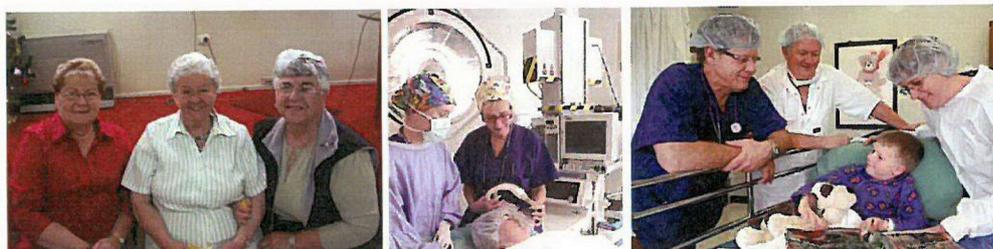
Strengthening the Health of the Community

Strategies	Actions 2009-2013	Council Responsibility/ Key Partners	Timeframe	Key Performance Indicators
Strengthening ability to address health and wellbeing priorities (continued)	<p>Social environment Council to take an advocacy role in assisting to attract additional health and wellbeing resources/ services to address shortages/gaps. In particular:</p> <ul style="list-style-type: none"> • Dental • Mental health • Oncology • Drug and alcohol counselling 	SGSC Manager Community & Leisure Services WDHS SGGPCP Private health providers Community based agencies	2010-2011 2011-2012	<ul style="list-style-type: none"> • Additional resources attracted to Shire
	<p>Economic environment Council to participate in planning to increase access to a localised supply of nutritious food/self sufficiency in food supply</p>	SGSC Sustainability Coordinator SGGPCP – Food Security Working Group	2010-2011 2011-2012	<ul style="list-style-type: none"> • Planning finalised • Key strategies and actions implemented
	<p>Social environment Council to partner with other stakeholders to improve access to health information for service providers and individuals including information on visiting/outreach services</p>	SGSC Manager Community & Leisure Services DHS SGGPCP	2009-2010 2010-2011	<ul style="list-style-type: none"> • New/updated health information directories/guides developed
	<p>Social environment Council to finalise and adopt and implement <i>Influenza Pandemic Plan, 2009</i></p>	SGSC Environmental Health Officer DoH DoHA	2009-2010	<ul style="list-style-type: none"> • Plan finalised • Actions implemented
	<p>Social environment Council to work with key partners to progress the <i>SGG Drug and Alcohol Action Plan 2008-2011</i> key priorities including the development of the SGSC Liquor Outlet Policy</p>	SGSC Manager Community & Leisure Services SGGPCP WDHS Victoria Police		<ul style="list-style-type: none"> • Priorities implemented • Liquor Outlet Policy adopted



Strengthening the Health of the Community

Strategies	Actions 2009-2013	Council Responsibility/ Key Partners	Timeframe	Key Performance Indicators
Supporting the disadvantaged and vulnerable	<p>Social environment Council to review all policies, processes and activities to ensure there is a focus on assisting/ reaching vulnerable and disadvantaged groups</p>	<p>SGSC Director Shire Futures SGSC Manager Community & Leisure Services SGSC Rural Access Officer</p>	2011-2013	<ul style="list-style-type: none"> All existing policies reviewed and updated New policies, processes and activities incorporate new focus
	<p>Social environment Council to update <i>Aged and Disability Plan</i> to incorporate strategies for:</p> <ul style="list-style-type: none"> Impact of ageing population increase in level of disability Engagement of isolated/those living alone Positive ageing Linkage to key agencies plans 	<p>SGSC Aged & Disability Services Coordinator SGSC Rural Access Officer WDHS SGGPCP Disability service providers Community Agencies</p>	2011-2012	<ul style="list-style-type: none"> Plan updated New strategies implemented
	<p>Social and Economic environments Council to lead the development of a <i>Responsible Gambling Policy</i> for the Shire</p>	<p>SGSC Director Shire Futures SGGGPCP Community Connections</p>		<ul style="list-style-type: none"> Policy developed





Key Focus Area Three

Developing Capacity

Aim:

To continue to develop sustainable health and wellbeing services and communities within the Southern Grampians Shire

Groups targeting:

- Young people
- Professionals/Skilled resources

Link to Greater South Coast Health and Wellbeing Plan - Sub Regional Health and Wellbeing Priorities:

- Developing sustainable service models and infrastructure
- Strengthening partnerships

Strategies	Actions 2009-2013	Council Responsibility/ Key Partners	Timeframe	Key Performance Indicators
Closing the gap on skill shortages	<p>Economic environment Council to coordinate the development of a <i>Community Education Plan</i> that:</p> <ul style="list-style-type: none"> • identifies education gaps and skill shortages through conducting of audits with employers • highlights ways to address future training needs in the local area • targets vulnerable groups to improve wellbeing 	SGSC Director Shire Futures GSGLLEN WDHS Hamilton Regional Business Network SGAE RMIT DEECD South West TAFE SG Youth Network Baimbridge College – Trade Training Centre	2011-2012 2012-2013	<ul style="list-style-type: none"> • Community Education Plan developed and actioned
	<p>Economic environment Council to work in partnership with local employers to:</p> <ul style="list-style-type: none"> • explore ways to increase employment opportunities including retention initiatives for young people to improve wellbeing • attract and retain identified skill shortages • re-evaluate audits undertaken previously 	SGSC Manager Economic Development SGSC Business Development Officer Hamilton Regional Business Network GSGLLEN	2011-2012 2012-2013	<ul style="list-style-type: none"> • New initiatives/ opportunities identified and actioned



Developing Capacity

Strategies	Actions 2009-2013	Council Responsibility/ Key Partners	Timeframe	Key Performance Indicators
Closing the gap on skill shortages (continued)	<i>Economic environment</i> Council to continue to participate in GSC Industry Workforce Development Strategy development and implementation	SGSC Manager Economic Development SGSC Business Development Officer GSC Workforce Industry Reference Group	2010-2011	<ul style="list-style-type: none"> Strategies implemented
Strengthening the capacity of each community	<i>Built, Natural and Social environments</i> Council to continue to facilitate community planning and implementation for the small towns in the Shire	SGSC Director Shire Futures DPCD Progress Associations/ Community Groups	2009-2013	<ul style="list-style-type: none"> Community plans completed and implementation underway
	<i>Social environment</i> Council to work in partnership with key stakeholders to further develop <i>Social Connectedness</i> planning and implementation including consideration of creation of a Community Development Role, establishment of community garden(s)	SGSC Director Shire Futures SGGPCP – Social Connection Working Group Hamilton Community House Community groups	2010-2011 2011-2012	<ul style="list-style-type: none"> Planning finalised Actions implemented
	<i>Social environment</i> Council to assist community groups to attract and retain volunteers and develop local strategies that assist to continue their role in developing and maintaining community assets with a focus on groups with ageing members	SGSC Manager Community & Leisure Services	2010-2013	<ul style="list-style-type: none"> Volunteer campaigns conducted
	<i>Social environment</i> Council to support and participate in the <i>South West Local and Regional Sustaining Volunteerism Initiative</i>	SGSC Manager Community & Leisure Services DPCD South West Community Capacity Consortium	2009-2010	<ul style="list-style-type: none"> Council participating in Reference Group





Key Focus Area Four

Enhancing Liveability

Aim:

To increase the desire to want to live and work in the Southern Grampians Shire through the ongoing focus on health and wellbeing

Groups targeting:

- | | |
|---|---|
| <ul style="list-style-type: none"> • Families and children • People with disability | <ul style="list-style-type: none"> • Potential new residents • Rural/isolated |
|---|---|

Link to Greater South Coast Health and Wellbeing Plan - Sub Regional Health and Wellbeing Priorities:

- Developing healthy liveable communities
- Reducing carbon emissions and adapting to climate change
- Strengthening partnerships

Strategies	Actions 2009-2013	Council Responsibility/ Key Partners	Timeframe	Key Performance Indicators
Improving the spaces/amenities people use to connect and participate	<p>Built environment Council to take lead role for exploring the potential to future develop Leisure Services strategic planning to incorporate:</p> <ul style="list-style-type: none"> • Establishment of an 'all abilities playground' • Indoor play/family facilities/ activities • Access to leisure opportunities for those with a disability 	SGSC Leisure Services Coordinator SGSC Rural Access Officer SW Sports Assembly	2010-2011 2011-2012	<ul style="list-style-type: none"> • Feasibility assessments completed • Feasible options developed • Process developed for improvements • Access audit conducted of all key major facilities/sites
	<p>Built environment Council to establish urban design protocols for public places that adopts a universal access approach</p>	SGSC Director Shire Futures	Ongoing	<ul style="list-style-type: none"> • Protocols developed
	<p>Built environment Council to develop a Structure Plan for Hamilton with a focus on connecting open spaces, improving access to paths and tracks</p>	SGSC Manager Planning Systems	2010-2012	<ul style="list-style-type: none"> • Hamilton Structure Plan developed



Enhancing Liveability				
Strategies	Actions 2009-2013	Council Responsibility/ Key Partners	Timeframe	Key Performance Indicators
Improving the spaces/amenities people use to connect and participate (continued)	Built environment Council to take lead role in reviewing access to family friendly amenities/toilet amenities throughout the shire ie baby changing facilities	SGSC Manager Shire Infrastructure	2010-2011 2011-2012	<ul style="list-style-type: none"> Review completed Suitable amenities developed/remodelled
	Built environment Council to continue to participate in planning and implementation of the <i>Barwon South West Regional Trails Master Plan</i> project and advocate for trails in shire	SGSC Manager Tourism SGSC Leisure Services Coordinator RDV DPCD Tourism groups/ providers	2009-2010 2010-2011	<ul style="list-style-type: none"> New rail trail projects implemented
	Social environment Council to take lead in re-establishing joint Safety Committee. Council to develop a new <i>Community Safety Plan</i> with a focus on anti-social behaviour, road and pedestrian safety	SGSC Manager Community & Leisure Services Victoria Police SGGPCP WDHS Neighbourhood Watch groups	2009-2010 2010-2011	<ul style="list-style-type: none"> Safety Committee re-established Community Safety Plan developed and implemented
Enhancing the cultural vibrancy of the Shire	Social environment Council to take a leadership role in the strengthening of community participation and experiences in art and culture by: <ul style="list-style-type: none"> Supporting an ongoing community arts liaison role Supporting local community artists Enabling the undertaking of a range of community arts and cultural events/ projects Developing a <i>Cultural Policy</i> 	SGSC Manager Civic Art/Director Art Gallery SGSC Events Coordinator SGGPCP Community groups	2011-2012 2012-2013	<ul style="list-style-type: none"> Participation in arts and cultural events increased by 20% Cultural Policy developed
	Built environment Council to explore the capacity to develop community arts space(s) throughout the Shire in conjunction with providers and groups	SGSC Manager Civic Art/Director Art Gallery Community groups Progress Associations	2012-2013	<ul style="list-style-type: none"> Additional/ remodelled community spaces developed



Enhancing Liveability				
Strategies	Actions 2009-2013	Council Responsibility/ Key Partners	Timeframe	Key Performance Indicators
Adapting to climate change	<i>Natural and built environment</i> Council to establish urban design protocols for public places which supports increase in shade infrastructure, planting of shade trees	SGSC Manager Planning Systems	2009 -2013	<ul style="list-style-type: none"> Audit of public places conducted Protocols developed
	<i>Natural and built environment</i> Council to continue to implement and evaluate Sustainability Strategy	SGSC Sustainability Coordinator Glenelg Hopkins CMA	2009-2010 2010-2011	<ul style="list-style-type: none"> New actions implemented and evaluated
	<i>Natural and social environment</i> Council to work in partnership with key stakeholders to develop a Heatwave Plan for the Shire	SGSC Manager Community & Leisure Services	2010-2011	<ul style="list-style-type: none"> Heatwave Plan developed
	<i>Natural and built environment</i> Council to partner with stakeholders to implement the SGGPCP Climate Change Adaptation: A Framework for Local Action key priorities	SGSC Manager Community & Leisure Services SGSC Sustainability Coordinator SGGPCP Glenelg Hopkins CMA	2010-2011 2011-2012	<ul style="list-style-type: none"> Priorities implemented and evaluated





Making it Happen

Implementation and Monitoring

The Southern Grampians Shire Municipal Public Health and Wellbeing Plan will cover a four year period starting in 2009 and finishing in 2013. In 2013 a full review and formulation of a new Municipal Health and Wellbeing Plan will occur. A suite of indicators will be developed as part of the annual action planning process in order to measure the success of the plan.

Council management and staff will have a specific and important role to play in monitoring and ensuring that all strategies and actions are initiated as intended in the plan. The plan has both direct and indirect links with other key Council strategic plans such as the Council Plan and the Municipal Strategic Statement, as well as Council's policies. Council staff from all departments will be involved in, and have key responsibility for various strategies and actions.

A revision to the Action Plan will be developed in collaboration with key local stakeholders and across council each year. It will take into account changes to policy, health and wellness indicators of people in the Southern Grampians Shire, community needs and issues.

Regular meetings held by the Project Steering Group will provide a forum for monitoring and evaluating progress of the actions outlined. This forum will enable discussions on emerging issues, current trends and likely opportunities that influence yearly action planning.

Review and Evaluation

Evaluation activities that will take place on the progress of the MPHWP include:

- A mid-year review of the plan to ensure actions are on-track and to determine what issues need to be overcome to allow progression of the strategy. Current trends and changes to policies and health and wellness indicators will be taken into consideration.
- At the beginning of each year the Project Steering Group will conduct a review and if necessary modification to the key priorities, identify priority resource allocations or future funding opportunities. Evaluation tasks will potentially explore:
 - Has what was identified to be done been achieved
 - What has been learnt from what worked and what didn't work
 - What difference has the work that has been completed made
 - What can be done differently into the future
- An annual review of the plan will result in the completion of a report that will summarise achievements to date and planned actions for the following year.

The development of this plan is a continuing step in building a healthier community. The challenge is to now translate action into outcomes that significantly enhance the health and wellbeing of the Southern Grampians Shire community.



Acknowledgements

Southern Grampians Shire would like to acknowledge the following organisations, associations, groups and individuals for their contributions to the development of the Municipal Public Health and Wellbeing Plan:

Name	Role	Organisation
Kevin O'Brien	Manager Community & Leisure Services	Southern Grampians Shire Council
Michael McCarthy	Director Shire Futures	Southern Grampians Shire Council
Geoff Price	Director Shire Services	Southern Grampians Shire Council
Lucinda Peterson	Manager Planning Systems	Southern Grampians Shire Council
Garry Newman	Environmental Health Officer	Southern Grampians Shire Council
Craig Halley	Leisure Services Co-ordinator	Southern Grampians Shire Council
Lynne Millard	Community Development Officer (Rural Access)	Southern Grampians Shire Council
Janette Lowe	Executive Officer	Southern Grampians/Glenelg PCP
Rosie Rowe	Director of Community Services and Allied Health	Western District Health Service
Judy Nichols	Team Member	Great South Coast Regional Strategic Planning Team
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Bernadette Fitzgerald	Maternal and Child Health Coordinator	Southern Grampians Shire Council
Bruce De Vergier	Chief Executive Officer	Community Connections



Name	Role	Organisation
Bob Penny	Councillor	Southern Grampians Shire Council
Bruach Colliton	Councillor	Southern Grampians Shire Council
Pauline Porter	Environmental Health Officer	Southern Grampians Shire Council
Richard Perry	Chief Executive Officer	Southern Grampians Shire Council
Marcus Rentsch	Mayor	Southern Grampians Shire Council

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Abbreviations and Acronyms

CMA	Catchment Management Authority
DEECD	Department of Education and Early Childhood Development
DoH	Department of Health (State – formerly Department of Human Services)
DoHA	Department of Health and Ageing (Commonwealth)
DPCD	Department of Planning and Community Development
DPI	Department of Primary Industries
GSC	Great South Coast
GSGLLEN	Glenelg and Southern Grampians Local Learning and Employment Network
MPHWP	Municipal Public Health and Wellbeing Plan
PCP	Primary Care Partnership
RDV	Regional Development Victoria
SGAE	Southern Grampians Adult Education
SGSC	Southern Grampians Shire Council
SGGPCP	Southern Grampians & Glenelg Primary Care Partnership
WDHS	Western District Health Service
WHO	World Health Organisation
SWSA	South West Sports Assembly
RMIT	Royal Melbourne Institute of Technology
CMA	Catchment Management Authority

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