

Outdoor Commercial Personal Training and Fitness Groups

Date Adopted:	
Adopted By:	
Review Due:	November 2022
Responsible Officer:	Manager, Community & Leisure
TRIM No:	d/18/67934

1. Purpose

To provide a framework for commercial recreational activity in parks and reserves so that;

- Residents and visitors are encouraged to participate in a diverse range of sporting and recreational activities;
- Health and safety of users of parks and reserves is encouraged;
- Commercial activities do not detract from the recreational values of parks and reserves;
- Impact on local amenity is managed appropriately.

2. Definitions

Council – means the Southern Grampians Shire Council

Commercial personal training and fitness groups – means recreational and sporting activities conducted outdoors in parks and reserves from temporary or permanent facilities, and for which a commercial fee is charged. Examples of commercial personal training and fitness groups include personal training, boot camps, group training.

Note for the purpose of this policy, the term “commercial personal training and fitness groups” does not include one-off or occasional events.

3. Application and Scope

This Policy applies to all commercial personal training activities taking place outside in Southern Grampians Shire parks and reserves.

This policy does not apply to recreational events or markets.

4. Responsibilities

The Manager Community and Leisure Services and/or delegates is responsible for ensuring this Policy is implemented, progress is monitored, and it is regularly reviewed.

5. General Provisions

5.1. Authority

5.1.1 A commercial personal training activity may only be conducted in a park or reserve or public place if;

- A permit has been issued under the Community Local Law No.1 2015 – Use of Roads, Council Land and Public Places; and
- A license has been issued under the Crown Land (Reserves) Act 1978.

5.1.2 Permits and licenses will be issued for a period of a year.

5.2. Personal Trainer Application process

5.2.1 Personal trainers may apply for a permit and license at any time of the year.

5.2.2 Officers will assess applications and decide under delegation which personal trainer applications will be approved.

5.2.3 All authorities issued for personal trainers will expire on the following 30 June.

5.3. Limitations/restrictions

5.3.1 The following commercial personal training activities are not permitted under this policy;

- Activities involving tobacco, gambling or alcohol promotion or advertising;
- Activities or promotion of activities which are illegal, or likely to promote violence;
- Activities that do not meet the goals or objectives of the Council Plan.

5.3.2 All parking and vehicle usage is subject to Council parking restrictions, Local Laws and State road rules.

5.3.3 All activities must comply with relevant government standards and regulations.

5.3.4 Permits for personal training will be restricted to times and locations that minimise impacts on local residents. Personal trainer sessions at open space adjacent to residential properties cannot commence until 7am.

5.3.5 Activities must not operate within 10 metres of any playground, outdoor public fitness equipment, public toilet, cricket net or monument.

5.4. Requirements

5.4.1 All personal trainers must submit with their application the following current documentation;

- Provide First Aid Certificate and CPR
- Public Liability insurance
- Peak body registration (Fitness Australia, Physical Activity Australia)
- Risk and emergency management procedures.

5.5. Fees

5.5.1 The fee for any permit and licence will be set through the annual Council budget process, or as varied by Council resolution.

6. Exclusions

The following sites and locations will not be permitted to be used for outdoor commercial personal training and fitness groups:-

6.1 Melville Oval – including ovals, grounds, grandstand, netball courts and surrounds.

6.2 Hamilton Botanical Gardens – inclusive of all areas.

7. Review

This policy will be reviewed every 4 years or in-line with legislative changes.

